

# Travel Factsheet for Sunflower Retreats Holidays

## Travel from Rome Leonardo Da Vinci ('Fiumicino') airport

Casperia is located about 90 minutes from Rome's airports. The cheapest and easiest way to reach us from Fiumicino Airport is by the frequent train service to **Poggio Mirteto Scalo** station. You can take trains which terminate at either Poggio Mirteto Scalo or Orte. The train fare is around €5 and your ticket entitles you to use the local bus service from Poggio Mirteto Scalo station to **Casperia**. Please be quick as you leave the train, to avoid missing the bus.

The last train from Fiumicino airport to Orte via Poggio Mirteto station is at 22.27.

**IMPORTANT:** If you are arriving by train and would like to be picked-up by car at Poggio Mirteto Scalo for the 15Km journey to Casperia, please telephone our Italian office and leave a message on one of the following numbers to let us know the time of the train you are catching so that we can collect you.

339 7043595 (Alan)

331 2038167 (Sunflower Retreats' representative)

0765 639015 (Casperia office)

The cost for this service is €10 per person.

## Travel from Rome Ciampino airport

You can either travel to Casperia by coach and train or arrange to be collected.

Travel by coach and train is in 4 steps...

- Low-cost carriers sell tickets on-board for the coach service from Ciampino to the city centre which will drop you beside **Roma Termini** station
- Travel from Termini to **Tiburtina** station (4 stops) on the **Metro 'B'** line (underground).  
Don't forget to frank your ticket before you board
- Take the train from Tiburtina to **Poggio Mirteto Scalo** on the Orte line
- Your ticket entitles you to use the local bus service from Poggio Mirteto Scalo station to **Casperia**. Please be quick as you leave the train, to avoid missing the bus

## Personal collection from Ciampino to Casperia

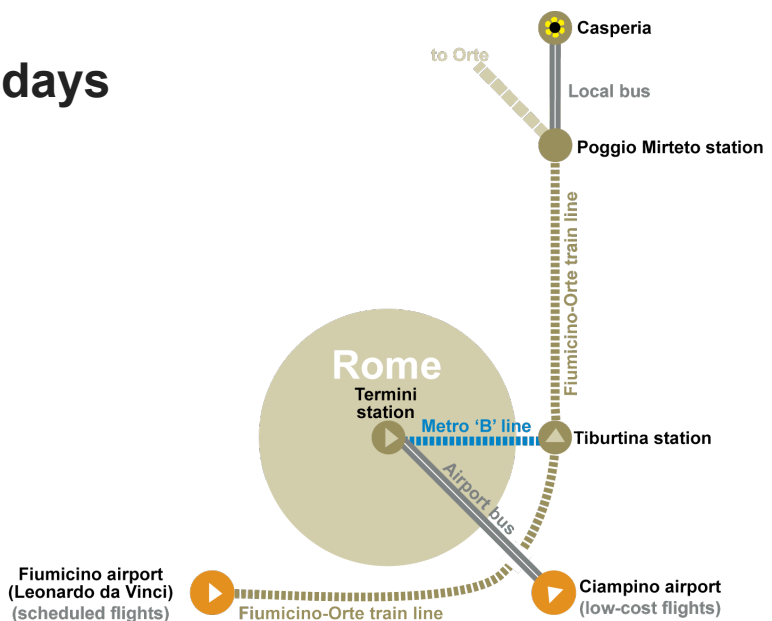
We can arrange to collect you at a cost of €45-per-person (minimum 2 people). For this service please inform us of your flight arrival date and time and the number of passengers one week before your departure. Book using the online form on the Booking & Travel page of our web site.

Having a mobile phone which works abroad is helpful, so that if the driver is delayed, our Italy office can contact you to let you know.

To book collection, please use.

If you are delayed, or if you need to arrive later than 5pm, it is important to call us, either before or on the day of arrival, to tell us what time you expect to arrive.

**If we do not hear from you by 5pm, our staff may assume that you are not arriving.**



Trains from Rome towards Orte			Bus from Poggio Mirteto to Casperia
Fiumicino airport	Rome Tiburtina	Poggio Mirteto	
10:57	11:45	12:30	12:31
11:27	12:15	1:00	No bus
11:57	12:45	13:30	13:31
12:27	13:15	14:00	No bus
12:57	13:45	14:30	14:31
13:27	14:15	15:00	No bus
13:57	14:45	15:30	15:31
14:27	15:45	16:00	No bus
14:57	15:45	16:30	16:31
15:27	16:15	17:00	No bus
15:57	16:45	17:30	17:31
16:27	17:15	18:00	No bus
16:57	17:45	18:30	18:31
17:27	18:15	19:00	No bus
17:57	18:45	19:30	19:31
18:27	19:15	20:00	No bus
18:57	19:45	20:30	20:31
19:27	20:15	21:01	No bus
19:57	20:45	21:30	No bus
20:27	21:15	22:01	No bus
20:57	21:45	22:30	No bus
22:27	23:15	00:01	No bus